

# Program Hours Of Operation

(Office hours Monday-Friday 8-4pm)

## Family Program Sessions:

Monday- Friendship Centre 9-12pm

Tuesday- Matsqui Community House 10-12pm

Wednesday-Friendship Centre 9-12pm

Thursday- Leq'a:mel Gym 10-12pm

Friday- Program development

\*Afternoons are scheduled for Outreach Sessions.

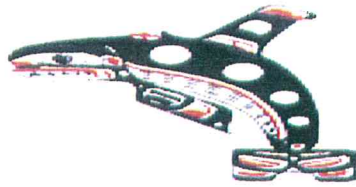


Stó:lō Nation  
Mission Aboriginal Family

Located in Mission Friendship Centre  
33150 A First Ave  
Mission, B.C. V2V 1G4

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We are now located in the Mission Friendship Centre. We offer free programming to Aboriginal families with children 0-6 yrs. Caregivers and expectant parents are welcome to join us!

### Early Learning services:

Cultural activities

Halq'emeylem Language

Circle time

Story telling

Arts and Crafts

Parental Workshops

Virtues Parenting Program

Nobody's Perfect Program

Infant Massage

Support Services

Social Networking

Guest Speakers



## In- Home Outreach Sessions

If you are unable to attend the program or would like extra support we are available to schedule a visit. A certified Early Childhood Educator will come to your home and assist with early learning activities. Staff will prepare an early learning activity to interact with you and your child.

Staff can also arrange scheduled meeting with you at the Centre or Band office for outreach sessions.

## Centre Based Family Nights

We offer one family night each month for registered children and their families.

Sessions may include activities at the centre or events in the community. Nutritious meals are also provided for the evening session.



Our services are designed to inspire Aboriginal families to believe in themselves and achieve their goals. Learning through cultural and spiritual beliefs, language, and traditional healing.

Providing the family with an educational and cultural experience. Early learning opportunities will support the child through their social, emotional, physical and intellectual development.

Parents will be provided with additional support which will lead to the enhancement of their positive and nurturing parenting skills.

